



April 2021 Newsletter

DSC Speaker Series: DDA Funding

Applying for services from Washington State's Developmental Disabilities Administration (DDA) but unclear about how to get and use DDA funding? Join our expert panel to explore the topic of DDA funding and why it's important to apply.

This virtual panel will include **Chris Osborn**, *DSHS Intake & Eligibility Supervisor* and **Scott Torrance Brown**, *Arc of Washington Director of Family Support*, moderated by *DSC Board Member, Kate O'Leary*.

Date: Wednesday, April 21st 5:00-6:00pm

This is a moderated Zoom webinar, requiring prior registration.

Please submit questions to
kpeters@dscpugetsound.org

Register Today



COVID-19 Vaccine Research Study

The time is finally here to vaccinate our family members with Down syndrome against COVID-19! And your help is urgently needed!

Dr. Bernard Khor at Benaroya Research Institute and **Dr. Rebecca Partridge** at the Ds Program at Virginia Mason are actively enrolling people with Down syndrome who are receiving the vaccine, to learn more about how well people with Down syndrome respond to the COVID-19 vaccine.

This will require a blood sample prior to vaccination and some samples after vaccination, to compare the blood samples and help answer critical questions.

For more information and to enroll, email (dsr@benaroyaresearch.org) or call Catie Wandell at 206-341-8929.

****There is also interest in taking blood samples of people who have already received the vaccine.***

Hooray for "321 for 3/21"

Huge congratulations to DSC Parent, Matt Lyman and his crew, who successfully finished the 321 mile bike ride from Bellingham to Portland in celebration of WDSO!

Thank you to all who cheered from the sidelines, and to our sponsors and supporters who partnered with us to advocate for Inclusion and Acceptance.

We are excited and looking forward to the
2022
"321 for 3/21" Ride!

[Check out Matt's interview with King5 News!](#)



Training with SheFighter Academy



A virtual fitness and self defense training for adults provided by **Lina Khalifeh**, World renowned Self-Defense Trainer, Holder of 20 Gold Medals, and winner of "ESPN ENSPIRE Award" in 2019 by UFC and ESPN.

Stay tuned for more information on class dates and registration.

All adults with Ds over 18 years of age.
Suitable for all genders.

Learn more about [SheFighter](#)

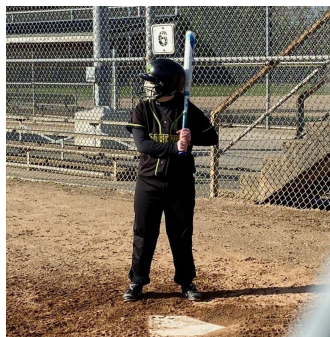
Spotlight On: Faith Dunn



DSC community member Faith Dunn, age 17, made Roosevelt High School History when she scored the first run on the Slow Pitch Softball Team. Faith has been a member of the Buddy Walk "Team Lady Bugs" for many years! This month we interviewed Faith to learn more about the softball team and what inclusion means to her.

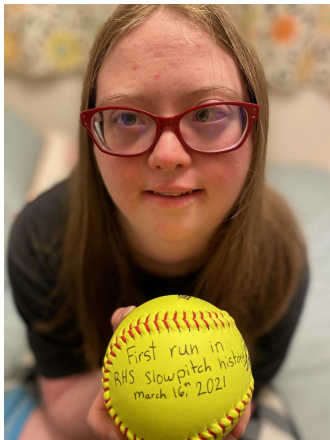
What grade are you in? What is your favorite subject?

I'm a sophomore at Roosevelt High School. I like choir because I really like my teacher Dr. Kent. Before COVID when we were in school, we sang lots of great songs and had fun performances. After COVID, we meet online. I like in-person better but we still sing and have online performances. We had one on March 29th and we had to write music and lyrics. That was hard for me but I still like the class.



Tell me about your Slow Pitch Softball Team.

It's fun because I have made friends on the team. I like hitting the ball and I like playing in the outfield. It is a new sport for my high school and I scored the very first run so I made history.



What made you want to join the team?

After being home for so long, I wanted to see people in person plus play a sport. I play Challenger baseball and softball for Special Olympics so I'm good at it.

[Continue Reading](#)

Mom's Night Out

Calling all DSC Moms!

Grab a glass of wine and join the fun

as you catch up with other DSC Moms!

Hosted by: Molly Lyman

When: Thursday, April 22nd at 7:00 pm

Where: Zoom



**Register
Today!**

DSC Calendar of Events

DSC Program Dates

- 4/3 Learning Program
- 4/10 Learning Program
- 4/17 Learning Program
- 4/24 Learning Program
- 4/27 Ready, Set, Kindergarten

Upcoming Events

- 4/21 DSC Speaker Series: DDA Funding
- 4/22 Mom's Night Out



View Full Calendar

DSC Face Masks are Here!



Stay safe and show off your support for DSC with these stylish cloth face masks! These cloth masks are washable and reusable. Youth and Adult sizes available.

\$10

**Shipping cost included*



Order Today

GiveBig Washington

Save the Date!

May 4th-5th is GiveBig Washington, the day when the Greater Seattle Area comes together to support the nonprofits that are working to make life in our region better.

Please join us and give generously, because ***when we give big - our Ds community thrives!***

Visit GiveBig DSC page [here](#) for more information.



You Shop, Amazon Gives!

Are you signed up with Amazon Smile? When you shop with Amazon Smile a percentage of your purchase will be donated to the DSC! Go to www.smile.amazon.com to select Down Syndrome Community of Puget Sound as your charity.



With the Fred Meyer Community Rewards Program, Fred Myer donates to local organizations based on your everyday shopping. Choose Down Syndrome Community of Puget Sound as your organization. Once you link your card to the DSC, all you have to do is shop at Fred Meyer and swipe your Rewards Card.



[Visit here to register your rewards card.](#)

Down Syndrome Community | www.dscpugetsound.org

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