



May 2021 Newsletter



The Need to Give is Even Bigger than Ever!

DSC is re-launching in-person programming in the fall, and continuing with high-demand remote programming, as well as launching new Adult programs. *Now is a **critical** time for investing in DSC's capacity and expanding its**impact!***

GiveBig Washington, a 48-hour giving event set for **May 4-5, 2021** when the Greater Seattle area comes together to support the nonprofits that are working to make life in our region better.

Imagine the impact you can have on the lives of individuals with Down syndrome and their families- now more than ever.

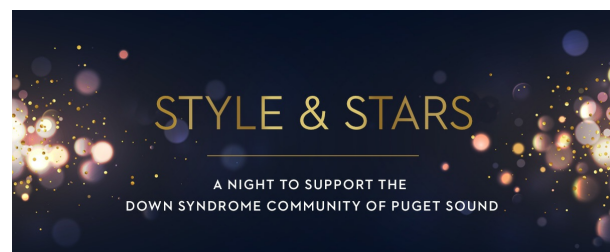
Please join us and give generously, because when we give big - our Ds community thrives!

Visit GiveBig DSC page [here](#) for more information.

GiveBig Today!

Save The Date!

The annual DSC Style & Stars Event is a beautiful and memorable evening to celebrate the remarkable individuals in our community. This night raises crucial funds to enable the DSC to provide services for individuals with



Down syndrome and their families.

The 2021 Virtual Style & Stars Event will take place on **Sunday, July 11th**.

Co-chaired by:
Rhonda & Mario Banchemo
and
Jeannine & Dino Christofolis

More details to come!



Adult Group Bingo Party

Join DSC Board Member, Joey Kane on **Wednesday, May 19th** for a fun evening of **in-person** Bingo at the DSC space in Bellevue.



Light refreshments will be provided! Social distancing and masks will be required. This event is for DSC Adults, 18 and older.

When: Wednesday, May 19th
5:00-6:30pm

Where: DSC in Bellevue

**Space is limited, prior registration is required*

[Register Today!](#)



Spotlight On: The Chudzik Family



Meet the Chudzik Family from Seattle!

“Our family is so happy to be part of the Down Syndrome Community! We joined in 2008 at the Puget Sound Buddy Walk, just before our middle daughter, Emma was born. Emma is now a bright, funny 12-year-old. She is in 5th grade at St. Catherine School with other fellow DSC members. It’s been amazing to see how the DSC community has supported us over the years – with a wide variety of activities that matched our needs for each “stage”. From



Mom's Nights Out/In to holiday parties to playgroups for each age group, we've always found fun ways to engage. Last month, Emma started the "Understanding Adolescence and Puberty" class. While I'm still a little shell-shocked that she's old enough for that, I'm incredibly grateful that she has a "growing up" class that's appropriate for where she is developmentally. Thank you to everyone that makes this community so supportive and vibrant!"



Tune in to DSC's Social Media on Fridays for **#DSCFamilyFridays!** Each week we will be spotlighting a new family!

Interested in being featured, email Katelyn Peters at kpeters@dscpugetsound.org

Mom's Night Out

Calling all DSC Moms!

Grab your favorite drink or dessert and join the fun as you catch up with other DSC Moms!

Hosted by: Courtney Criss

When: Thursday, May 20th at 7:00 pm

Where: Zoom



**Register
Today!**

DSC Calendar of Events

DSC Program Dates

- 5/1 Learning Program
- 5/4 Adult Fitness & Empowerment Program
- 5/8 Learning Program
- 5/11 Adult Fitness & Empowerment Program
- 5/15 Learning Program
- 5/18 Adult Fitness & Empowerment

- Program
- **5/22** Learning Program
 - **5/25** Adult Fitness & Empowerment Program

[Upcoming Events](#)

- **5/4-5** GiveBig Washington
- **5/19** Adult Group Bingo Party at DSC Office
- **5/20** Mom's Night Out

[View Full Calendar](#)



COVID-19 Vaccine Research Study

The time is finally here to vaccinate our family members with Down syndrome against COVID-19! And your help is urgently needed!

Dr. Bernard Khor at Benaroya Research Institute and **Dr. Rebecca Partridge** at the Ds Program at Virginia Mason are actively enrolling people with Down syndrome who are receiving the vaccine, to learn more about how well people with Down syndrome respond to the COVID-19 vaccine.

This will require a blood sample prior to vaccination and some samples after vaccination, to compare the blood samples and help answer critical questions.

For more information and to enroll, email (dsr@benaroyaresearch.org) or call Catie Wandell at 206-341-8929.

****There is also interest in taking blood samples of people who have already received the vaccine.***

You Shop, Amazon Gives!

Are you signed up with Amazon Smile?

When you shop with Amazon Smile a percentage of your purchase will be donated to the DSC! Go to www.smile.amazon.com to select Down Syndrome Community of Puget Sound as your charity.



With the Fred Meyer Community Rewards Program, Fred Meyer donates to local organizations based on your everyday shopping. Choose Down Syndrome Community of Puget Sound as your organization. Once you link your card to the DSC, all you have to do is shop at Fred Meyer and swipe your Rewards Card.

Fred Meyer

[Visit here to register your rewards card.](#)

Down Syndrome Community | www.dscpugetsound.org

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