



September 2019 Newsletter

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Spotlight On



We are thrilled to have Woodland Park Zoo hosting our 23rd annual Puget Sound Buddy Walk! The zoo has worked diligently to be a leader in promoting a community of inclusion. In 2017, they were among the first to participate and take a lead in the Welcome Inclusion Initiative (see WIN spotlight [HERE](#)) and in 2018, they launched their own Zoo For All, a day for celebrating

Puget Sound Buddy Walk Registration is OPEN!

If you haven't already, now is the time to register for the 23rd Annual Puget Sound Buddy Walk to be held at Woodland Park Zoo on Sunday, October 6th. The Zoo has generously waived admission for that day to all pre-registered attendees of the Puget Sound Buddy Walk! Feel free to arrive early and enjoy the Zoo prior to the Walk beginning (Zoo hours that day are 9:30 AM to 4:00 PM). Then join over 1,200 friends and supporters for an afternoon of fun including activities for the family, resource booths, artists with Down syndrome, food trucks, team photos, and of course, a walk around Woodland Park Zoo. After the Walk ends, join us for a silent disco!



Important items to know for this year's registration:

- *Everyone MUST pre-register for the Walk to receive free admission to the Zoo that day.* There will be no exceptions. Anyone coming the day of for the Walk who has not pre-registered will have to pay to enter the Zoo. Online registration will close at noon the day prior to the Walk (10/5);
- *Register early!* Registration is free, t-shirts are \$12 each and free for those with Down syndrome. Purchase t-shirts by this Friday, September 13, to guarantee size. We will have limited sizes and quantities available for purchase at the Walk for \$15.

When: Sunday, October 6th, 1-4 PM (on-site check-in will be open early at 9:30 AM for those who want to enjoy the Zoo prior to the Buddy Walk)

Where: Woodland Park Zoo West Entrance - North Meadow (near the Carousel)

[Register Now](#)

Not able to attend this year? You can still support our biggest fundraiser of the year by either clicking on the blue "Donate" button on the homepage of our registration site or clicking on the "Leaderboard" link on the homepage and searching for a team/fundraiser that you want to support.

[Donate Now](#)

To stay up-to-date with the latest news about the Walk, please follow us on our Puget Sound Buddy Walk [Facebook](#) page. Any questions? Contact buddywalk@downsyndromecommunity.org.

day for celebrating inclusion and access. This month, we are reposting our spotlight on **Jonah Zeichner**, a teen ZooCorps member for the past 2½ years who just switched to the zoo's adult volunteer program this summer! Jonah, along with his family and the zoo, has helped shape the kind of inclusion we love to see in our community!

To continue reading the Spotlight On article about **Jonah Zeichner**, check out the entire [post](#) on the DSC website.

Stay Connected



Please check the DSC online [Events Calendar](#) regularly!

Save-the-Date for Upcoming DSC Events

Mark your calendar for these upcoming events and programs:

Upcoming Events:

Trunk-or-Treat

In the safety of a remote parking lot, families will go from trunk-to-trunk collecting candy in a fun environment. Snacks and entertainment for everyone!!

When: Saturday, October 26th from 2-4 PM

Where: **Happy Hour by Marisa**, 13615 NE 126th PL, Suite 430, Kirkland, WA

Annual Holiday Party

Come celebrate the season at our traditional holiday party, complete with a decorated tree, festive music and a visit from Santa.

When: Sunday, December 15, 4-7 PM

Where: Mercer Island Community and Event Center, 8236 SE 24th St, Mercer Island, WA 98040

Understanding Puberty and Adolescence Program

The DSC is once again offering a series of four classes in January 2020 on the topic of puberty specifically geared for tweens and teens with Down syndrome. More information to come.

DSC Friends Meet-Ups

*DSC Friends Meet-Ups are hosted by the DSC at no cost to you!
Please join us and have fun!*

Babies/Toddlers (ages 0-3)

Contact: Caewyn Barnett at caewync@gmail.com and Angela Allen Martin at angela@fpskirkland.com

September

Save the date for an outing at a park on the Eastside! Check out our Facebook page for more information.

When: Saturday, September 21

Kids (ages 4-7)

Contact: Courtney Criss at courtney.spears@gmail.com and Jessica Voetmann at jessica.voetmann@gmail.com

September

Who loves firetrucks! Join us for a tour scheduled at the Shoreline Fire Department.

When: Saturday, September 28, 10 AM

Where: The Safety Center is located in the vintage firehouse at 1851 NW 195th Street in Richmond Beach. Parking is limited. Please carpool if possible.

RSVP: Space is limited so RSVP either [Jessica Voetmann](#) or [Melany Richmond](#)

October

We're working on planning a pumpkin patch outing, but date and location are TBD at this point.

Tweens (ages 8-12)

Contact: Jessica Evertt at jessicaevertt@hotmail.com

September

Come with your tweens to the Cougar Mountain Zoo! We will meet at the front gates to get an accurate head count and buy tickets for entry.

When: Saturday, September 21, 2-4 PM

Where: [Cougar Mountain Zoo](#), 19525 SE 54th St, Issaquah, WA 98027

RSVP: [Jessica Evertt](#) or look for the event on our DSC Friends Tweens Facebook page

Teens (ages 13-19)

Contact: Kate O'Leary at kate.oleary@hotmail.com, Julie Habegger at jahabs@aol.com and Betsy Kavanaugh at elizakavi@gmail.com

September

Come have fun walking and talking with friends! We will meet in the Washington Park by the playground and bathrooms.

When: Saturday, September 15, 2-4 PM

Where: [Washington Park Arboretum](#), 2300 Arboretum Drive E, Seattle, WA 98112

RSVP: Text Betsy if you plan to come 206-372-2744

Moms' Night Out

Contact: Maura Dunn at maura@downsyndromecommunity.org

Join the moms and experience "handcrafted tropical drinks, Caribbean-inspired food, and a vibrant island atmosphere." It will make you think it's still summer!

When: Friday, September 20th at 7 PM

Where: [Bahama Breeze](#) in Tukwila

RSVP: Erin Klonas at erin@downsyndromecommunity.org or on our DSC [Facebook Event](#)

Investing in Student Potential - Statewide Conversation

[Investing in Student Potential](#) is hosting a Burien stop on its statewide community conversation, *Creating an Education System Where Everyone Belongs*. Come share your ideas. The coalition is using information from the tour to build its legislative agenda to improve learning experiences for students with disabilities.



Investing in
Student Potential

When: September 25, 7:00-8:30 PM

Where: Seahurst Elementary School Cafeteria, 14603 14th Ave SW, Burien, WA

Click [HERE](#) to RSVP.

2019 Washington State Fathers Network Conference

Dads All In For Inclusion

When: Saturday, November 2, 9 AM - 5 PM

Where: Bellevue School District, Wilburton Instructional Service Center, Bellevue, WA

Who Should Attend: Men who have a child with special health care needs in their life

Cost: \$50 Register early for only \$25, by October 4th, using the Promo Code WAFNC50. (Note: men registering from King, Pierce, Snohomish and Island Counties will be able to register at no cost.) Scholarships available.



Click [HERE](#) for more information and to register.